



DR JILLIAN HILL

BIO

Jillian Hill is a Specialist Scientist at the Non-Communicable Diseases Research Unit at the South African Medical Council (SAMRC) in Cape Town. Her research focus includes Healthy Lifestyles, NCD Prevention and the Food Environment. Her interests lie in community behavior change participatory research and project evaluation.

She has extensive experience in qualitative approaches to inform the development of interventions. These include a focus on improving lifestyles such as healthy diets, physical activity and tobacco cessation. The aforementioned lifestyle intervention measures are being employed in her current project, the South African Diabetes Prevention Programme (SA-DPP), where she is the project manager and co-primary investigator. An earlier example: The HealthKick Diabetes Prevention Program (randomized control trial) in primary schools produced an evidence base, and education material/tools for school interventions that local and international researchers and interventionist draw upon. In the Street Food project, which was her PhD research, she developed a sustainable Street Food Vending Model for selling healthy and safe street foods in the city of Cape Town and surrounding areas; with a second objective of enabling the street vendors to make a sustainable living and consumers to make healthy choices regarding the food they purchase.

Her role in this project is to lead WP 5 – to expand, revise and update the Street Food Vending Model (SFVM), to support health-promoting changes to the street food environment and the livelihoods of informal food economy actors..

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